

# September Breakfast 2026

Infants are served breast milk or formula with iron.  
 Toddlers are served whole milk.  
 Preschool and School-age are served 1% milk.  
 WG = Whole grain  
 CN = Child nutrition label  
 HM = Home made

| Mon                                           | Tues                                               | Wed                                                         | Thur                                                         | Fri                                                    |
|-----------------------------------------------|----------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------|
|                                               | 1<br>Bagels/Cream Cheese<br>Pineapple<br>Milk      | 2<br>Blueberry Pancakes<br>Syrup<br>Peaches<br>Milk         | 3<br>WG<br>Corn Chex wg<br>Cantaloupe<br>Milk                | 4<br>Rice Krispies<br>Fruit Cocktail<br>Milk           |
| 7<br>Center<br>Closed                         | 8<br>WG<br>Toast/Butter wg<br>Applesauce<br>Milk   | 9<br>WG<br>Multigrain Cheerios wg<br>Tropical Fruit<br>Milk | 10<br>WG<br>Rice Chex wg<br>Peaches<br>Milk                  | Biscuits/Butter<br>Oranges<br>Milk                     |
| 14<br>Kix Cereal<br>Grapes<br>Milk            | 15<br>Biscuits/Butter<br>Mandarin Oranges<br>Milk  | Waffles/Syrup<br>Pears<br>Milk                              | 17<br>WG<br>Multigrain Cheerios wg<br>Fruit Cocktail<br>Milk | 18<br>WG<br>Life Cereal wg<br>Honeydew<br>Milk         |
| 21<br>Rice Krispies<br>Apples<br>Milk         | 22<br>WG<br>Corn Chex wg<br>Strawberries<br>Milk   | 23<br>WG<br>Kix Cereal wg<br>Peaches<br>Milk                | 24<br>French Toast Sticks<br>Applesauce<br>Milk              | 25<br>English Muffins/Butter<br>Fruit Cocktail<br>Milk |
| 28<br>WG<br>Life Cereal wg<br>Bananas<br>Milk | 29<br>WG<br>Corn Chex wg<br>Tropical Fruit<br>Milk | 30<br>Pancakes/Syrup<br>Pineapple<br>Milk                   |                                                              |                                                        |
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