

July Lunch

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
		1 Center Closed	2 Center Closed	3 Center Closed
6 WG/HM Chicken Breast/Gravy Brown Rice wg Carrots Oranges Milk	7 WG/CN Cheese Ravioli/Sauce wg Salad/Dressing Apples Milk	8 WG/CN Pizza wg Brussel Sprouts Bananas Milk	9 WG/HM Sloppy Joes/Bun wg Mixed Vegetables Pineapple Milk	10 WH/HM Beef Hot Dog/Bun wg Ketchup Green Beans Diced Peaches Milk
13 WG/HM Scrambles Eggs Pancakes wg Breakfast potatoes Applesauce Milk	14 WG/HM Chicken Penne Pasta Greens Oranges Milk	15 WG/HM Shepherds Pie/Veggies Bread wg Fruit Cocktail Milk	16 WG/HM Chicken Stir Fry Brown Rice wg Broccoli Melon Milk	17 WG/CN Chicken Sandwich Peas Banana Milk
20 HM Chicken Salad Green Beans Oranges Milk	21 WG/HM Spaghetti/Meat Sauce Bread Sticks Mixed Vegetables Apples Milk	22 WG/CN Cheese Quesadilla Salad/Dressing Banana Milk	23 WG/HM Turkey Tacos/Shells wg Corn Diced Peaches Milk	24 WG/HM Chicken Fried Rice Carrots Pineapple Milk
27 WG/HM BBQ Chicken Breast/Bun Baked Beans Applesauce Milk	28 WG/HM Turkey Stroganoff Corn Noodles wg Oranges Milk	29 WG/CN Cheese Pizza Broccoli Fruit Cocktail Milk	30 HM Cheese Lasagna Carrots Melons Milk	31 WG/CN Fish Sticks Mixed Vegetables Banana Milk