

January Lunch

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
			1 Center Closed	2 Center Closed
5 HM Meatloaf WG Bread Green Beans Oranges Milk	6 HM Chicken Tetrazzini WG Salad/Dressing Apples Milk	7 HM BBQ Pulled Chicken Bun WG Baked Beans Banana Milk	8 HM Chili Broccoli Pineapple Cornbread Milk	9 HM Maccaroni and Cheese Peas Peaches Milk
12 HM Salisbury Steak Roll WG Greens Applesauce Milk	13 HM Cowboy Cavatini Corn Oranges Milk	14 HM Chicken Stew with Veggies Noodles Fruit cocktail Milk	15 HM Terriyaki Chicken Brown Rice WG Broccoli Melon Milk	16 HM Cheese Burger Bun WG/Ketchup Peas Pineapple Milk
19 Center Closed	20 CN Cheese Ravioli/Marinara WG Salad/Dressing Apples Milk	21 CN Pizza WG Brussel Sprouts Banana Milk	22 HM Sloppy Joes/Bun WG Mixed Vegetables Pineapple Milk	23 CN Beef Hot Dog/Bun WG Ketchup Green Beans Diced Peaches Milk
26 HM Scrambled Eggs Pancakes WG Breakfast Potatoes Applesauce Milk	27 HM Chicken Penne Pasta Greens Oranges Milk	28 HM Shepherd Pie/Veggies Bread WG Fruit Cocktail Milk	29 HM Chicken Stir Fry Brown Rice WG Broccoli Melon Milk	30 CN Chicken Sandwich/Bun WG Peas Banana Milk