

Infant and Toddlers– Breast Milk, Formula with iron or whole milk at age one  
 Pre-School and School age, Unflavored 1% Milk  
 WG– Whole Grain  
 CN Child Nutrition Label  
 HM– Home Made

# January Breakfast

Mon	Tues	Wed	Thur	Fri
			1 Center Closed	2 Center Closed
5 Kix Cereal WG Apples Milk	6 Waffles Mandarin Oranges Milk	7 Rice Krispies Pineapple Milk	8 Corn Chex WG Oranges Milk	9 Toast/Butter WG Fruit Cocktail Milk
12 Multigrain Cheerios WG Strawberries Milk	13 Rice Chex WG Applesauce Milk	14 Shredded Wheat WG Grapes Milk	15 Pancakes/Surup Pears Milk	16 Kix Cerel WG Oranges Milk
19 Center Closed	20 Biscuits/Butter Peaches Milk	21 Life Cereal WG Pineapple Milk	22 Bagels/Cream Cheese Pears Milk	23 Kix Cereal Oranges Milk
26 Blueberry Pancakes Syrup Peaches Milk	27 Oat Squares Cereal Banana Milk	28 Rice Krispies Grapes Milk	29 French Toast Sticks Applesauce Milk	30 Multigrain Cheerios WG Apples Milk