

October Snack

Infant and Toddlers– Breast Milk, Formula with iron or whole milk at age one
Pre-School and School age, Unflavored 1% Milk
WG– Whole Grain
CN Child Nutrition Label
HM– Home Made

Mon	Tues	Wed	Thur	Fri
		1 Mini Muffins Milk	2 Cheese Its Milk	3 String Cheese Ritz Crackers Water
6 Wg Multigrain Cheerios Banana Milk	7 Chex Mix wg 100% Apple Juice	8 Wow Butter wg Apple Slices Water/IT Milk	9 Animal Crackers Milk	10 Gram Crackers Milk
13 Sun Chips wg IT/Goldfish Crackers 100% Grape Juice	14 Yogurt Animal Crackers Water	15 American Cheese Premium Crackers Water	16 Pretzels IT/Animal Crackers Milk	17 Teddy Grams Milk
20 Cottage Cheese Peaches Water	21 Wow Butter/IT Butter Bread wg Milk	22 Gram Crackers Milk	23 Goldfish Crackers 100% Apple Juice	24 Animal Crackers Applesauce
27 Tortilla Chips wg IT/Teddy Grams 100% Grape Juice	28 Chex Mix wg Milk	29 Mini Muffins Milk	30 Cheese Its Milk	31 String Cheese Ritz Crackers Water