July Breakfast

Infants are served breast milk or formula with iron. Toddlers are served whole milk. Preschool and School-age are served 1% milk. WG = Whole grain CN = Child nutrition label HM = Home made

Mon	Tues	Wed	Thur	Fri
	1	2	3	4
	Center	Center	Center	Center
	Closed	Closed	Closed	Closed
⁷ WG	8	9	10 WG	11 WG
Kix Cereal	Biscuit	Pancakes/Syrup	Corn Chex	Multigrain Cheerios
Pineapple	Oranges	Mandarin Oranges	Fruit Cocktail	Apples
Milk	Milk	Milk	Milk	Milk
14	15	<i>1</i>	17 WG	18 WG
Cinn Bread	Rice Krispies	Waffles/Syrup	Shredded Wheat	Life Cereal
Pears	Strawberries	Pineapple	Peaches	Oranges
Milk	Milk	Milk	Milk	Milk
21	22 WG	23	24 WG	25 WG
Bagels/Cream Cheese	Multigrain Cheerios	Corn Flakes	Toast/Butter	Kix Cereal
Fruit Cocktail	Grapes	Applesauce	Peaches	Strawberries
Milk	Milk	Milk	Milk	Milk
28	29	30	31 WG	WG
Pancakes	Rice Krispies	English Muffin/Butter	Life Cereal	Rice Ches
Pears	Oranges	Melon	Pineapple	Fruit Cocktail
Milk	Milk	Milk	Milk	Milk