January Lunch

Infants are served breast milk or formula with iron. Toddlers are served whole milk. Preschool and School-age are served 1% milk. WG = Whole grain CN = Child nutrition label HM = Home made

Mon	Tues	Wed	Thur	Fri
		l Center Closed	2 Center Closed	3 Center Closed
6 WG/HM Chicken Breast/Gravy Brown Rice Carrots Oranges Milk	7 WG/CN Cheese Ravioli/Sauce Salad/Dressing Apples Milk	<sup>8</sup> WG/CN Pizza Brussel Sprouts Bananas Milk	9 WG/HM Sloppy Joe/Bun Mixed Veggies Pineapple Milk	10 WG/CN Beef Hot Dog/Bun Green Beans Diced Peaches Milk
13 WG/HM Scrambled Eggs Pancakes Breakfast Potatoes Applesauce Milk	14 WG/HM Chicken Penne Pasta Greens Oranges Milk	15 WG/HM Shepherds Pie/Veggies Bread Fruit Cocktail Milk	16 WG/HM Chicken Stir Fry Brown Rice Broccoli Melon Milk	17 WG/CN Chicken Sandwich Peas Bananas Milk
20 Center Closed	21 WG/HM Spaghetti/Meat Sauce Breadstick Mixed Veggies Apples Milk	22 WG/CN Cheese Quesadilla Salad/Dressing Bananas Milk	23 WG/HM Turkey Tacos/Shells Corn Diced Peaches Milk	24 WG/HM Chicken Fried Rice Carrots Pineapple Milk
27 WG/HM BBQ Chicken Breast Roll Baked Beans Applesauce Milk	28 WG/HM Turkey Stroganoff Noodles Corn Oranges Milk	29 WG/CN Cheese Pizza Broccoli Fruit Cocktail Milk	30 CN Cheese Basco Sticks/Sauce Carrots Melons Milk	31 CN Chicken Jambalaya Mixed Vegetables Mandarin Oranges Milk