

January Breakfast

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
		1 Center Closed	2 Center Closed	3 Center Closed
6 WG Life Cereal Apples Milk	7 WG Toast/Butter Peaches Milk	8 French Toast Sticks Applesauce Milk	9 WG Rice Chex Pears Milk	10 Corn Flakes Fruit Cocktail Milk
13 Biscuits Bananas Milk	14 Rice Krispies Fruit Cocktail Milk	15 Pancakes Syrup Mandarin Oranges Milk	16 WG Multigrain Cheerios Grapes Milk	17 WG Kix Cereal Pineapple Milk
20 Center Closed	21 Kix Cereal Strawberries Milk	22 Waffles/Syrup Pears Milk	23 Cinn Bread/Butter Pineapple Milk	24 Life Cereal Oranges Milk
27 WG Multigrain Cheerios Grapes Milk	28 English Muffins/Butter Peaches Milk	29 WG Mini Shredded Wheat Applesauce	30 WG Corn Chex Apples Milk	31 WG Toast/Butter Peaches Milk