

October Breakfast

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
	1 Biscuit/Butter Applesauce Milk	2 English Muffins Butter Fruit Cocktail Milk	3 WG Kix Cereal Oranges Milk	4 WG Corn Chex Peaches Milk
7 Corn Flakes Strawberries Milk	8 WG Frosted Mini Wheats Grapes Milk	9 WG Rice Chex Pineapple Milk	10 WG Life Cereal Mandarin Oranges Milk	11 French Toast Sticks Fruit Cocktail Milk
14 WG Life Cereal Pears Milk	15 WG Toast/Butter Applesauce Milk	16 Pancakes/Syrup Peaches Milk	17 WG Berry Kix Oranges Milk	18 WG Kix Cereal Strawberries Milk
21 WG Multigrain Cheerios Fruit Cocktail Milk	22 Bagel Cream Cheese Pineapple Milk	23 WG Corn Chex Grapes Milk	24 WG Kix Cereal Apples Milk	25 Cinn Bread/Butter Mandarin Oranges Milk
28 WG Kix Cereal Banana Milk	29 Biscuit/Butter Applesauce Milk	30 English Muffins Butter Fruit Cocktail Milk	31 Rice Krispies Oranges Milk	