

September Lunch

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
2 Center Closed	3 Center Closed	4 WG/CN Cheese Quesadilla Brussel Sprouts Bananas Milk	5 WG/HM Sloppy Joes/Bun Mixed Veggies Pineapple Milk	6 WG/CN Beef Hot Dog/Bun Ketchup Green Beans Diced Peaches Milk
9 WG/HM Quiche Mixed Veggies Applesauce Bread Milk	10 WG.HM Chicken Penne Pasta Greens Oranges Milk	11 WG/HM Shepherds Pie/Veggies Bread Fruit Cocktail Milk	12 WG/HM Chicken Stir Fry Brown Rice Broccoli Melon Milk	13 WG/CN Chicken Sandwich Peas Bananas Milk
16 HM Chicken Salad Crackers Green Beans Oranges Milk	17 WG/HM Spaghetti/Meat Sauce Breadstick Mixed Veggies Apples Milk	18 WG/HM Turkey Breast in Gravy Bread Salad/Dressing Banana Milk	19 HM Turkey Nachos Corn Diced Peaches Milk	20 WG/HM Chicken Fried Rice Carrots Pineapple Milk
23 WG/HM BBQ Chicken Breast Dinner Roll Baked Beans Applesauce Milk	24 WG/HM Turkey Stroganoff Corn Noodles Oranges Milk	25 WG/CN Cheese Pizza Broccoli Fruit Cocktail Milk	26 CN Cheese Bosco Stick Marinara Sauce Carrots Melon Milk	27 HM Chicken Jambalaya/Rice Mixed Veggies Mandarin Oranges Milk
30 WG/HM Meatloaf Bread Green Beans Oranges Milk				