## March Lunch

Infants are served breast milk or formula with iron.

Toddlers are served whole milk.

Preschool and School-age are served 1% milk.

WG = Whole grain

CN = Child nutrition label

HM = Home made

|          | Mon  | Tue  | es Wed   | Thur  | Fri   |
|----------|--|--|--|---|---|
|          |  |  |  |   | HM Chicken Jambalaya Mixed Veggies Mandarin Oranges Milk            |
| 4        | WG/HM  Meatloaf  WG Bread  Green Beans  Oranges  Milk                    | Chicken<br>Salad/I<br>Ap                     | /HM 6 WG/HM Tetrazzini Dressing ples lilk BBQ Pulled Chicken Baked Beans Banana Milk | /Buns  7  HM Chili Broccoli Pineapple Cornbread Milk      | 8 HM Macaroni and Cheese Peas Diced Peaches Milk                    |
| 11       | WG/HM<br>Salisbury Steak<br>Roll<br>Greens<br>Applesauce<br>Milk         | 12 H<br>Cowboy<br>Co<br>Orac<br>Mi           | Cavatini rn Chicken Stew/Venges Noodles  | Broccoli  | n Cheese Burger/Bun<br>Ketchup/Mustard<br>Peas<br>Pineapple<br>Milk |
| 18<br>Ch | WG/HM<br>hicken Breast/Gravy<br>Brown Rice<br>Carrots<br>Oranges<br>Milk | 19 WG/<br>Cheese Rav<br>Salad/D<br>App<br>Mi | violi/Sauce Cheese Pizza ressing Brussel Sprouts bles Banana                         | 21 WG/HM  Sloppy Joes/Bu Mixed Veggies Pineapple Milk     |   |
| 25       | WG/HM<br>Quiche<br>Mixed Veggies<br>Applesauce<br>Bread<br>Milk          | Chicken P<br>Gre<br>Ora                      | /HM WG/HM  enne Pasta eens nges ilk Shepherds Pie/Vegg Bread Fruit Cocktail Milk     | ies WG/HM Chicken Stir Fry Brown Rice Broccoli Melon Milk | 29 WG/CN Chicken Sandwich/Bun Ketchup Peas Banana Milk              |