

January Lunch

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
1 Center Closed	2 Center Closed	3 WG/HM Shepherds Pie/Veggies Bread Fruit Cocktail Milk	4 WG/HM Chicken Stir Fry Brown Rice Broccoli Melon Milk	5 WG/CN Chicken Sandwich/Bun Peas Banana Milk
8 HM Chicken Salad/Crackers Green Beans Oranges Milk	9 WG/HM Spaghetti/Meat Sauce Breadsticks Mixed Veggies Apples Milk	10 WG/CN Turkey Breast/Gravy Bread Salad/Dressing Banana Milk	11 HM Turkey Nachos Corn Diced Peaches Milk	12 WG/HM Chicken Fried Rice Carrots Pineapple Milk
15 Center Closed	16 WG/HM Ground Turkey Stroganoff Noodles Corn Oranges Milk	17 WG/CN Cheese Quesadilla Broccoli Fruit Cocktail Milk	18 CN Cheese Bosco Sticks/Marinara Carrots Melons Milk	19 HM Chicken Jambalaya Mixed Veggies Mandarin Oranges Milk
22 WG/HM Meatloaf Bread Green Beans Oranges Milk	23 WG/HM Chicken Tetrzzini Salad/Dressing Apples Milk	25 WG/HM BBQ Pulled Chicken Bum Baked Beans Banana Milk	25 HM Chili Broccoli Pineapple Cornbread Milk	26 HM Macaroni and Cheese Peas Diced Peaches Milk
29 WG/HM Salisbury Steak Roll Greens Applesauce Milk	30 HM Cowboy Cavatini Corn Oroanges Milk	31 HM Chicken Stew/Veggies Noodles Fruit Cocktail Milk		