## January Breakfast

Infants are served breast milk or formula with iron.

Toddlers are served whole milk.

Preschool and School-age are served 1% milk.

WG = Whole grain CN = Child nutrition label

HM = Home made

	Mon	Tues	Wed	Thur	Fri
1	Center Closed	2 Center Closed	3 WG Life Cereal Apples Milk	4 WG  Toast/Butter Peaches Milk	5 WG  Kix Cereal  Pears  Milk
8	WG Multigrain Cheerios Bananas Milk	9 French Toast Sticks Applesauce Milk	Cinn Bread/Butter Mandarin Oranges Milk	11 WG  Corn Chex Cereal Pineapple Milk	WG  Kix Cereal  Oranges  Milk
15	Center Closed	16 WG  Multigrain Cheerios Pears Milk	17 Bagel Cream Cheese Strawberries Milk	18 WG  Kix Cereal Apple Slices Milk	19 WG Waffles Applesauce Milk
22	Biscuit/Butter Bananas Milk	23 WG  Kix Cereal Pineapple Milk	French Toast Sticks Fruit Cocktail Milk	25 WG  Multigrain Cereal Grapes Milk	26  Rice Chex Pineapple Milk
29	WG Life Cereal Oranges Milk	Pancakes/Syrup Fruit Cocktail Milk	31 WG  Multigrain Cheerios Grapes Milk		