

# January Snack

Infants are served breast milk or formula with iron.  
 Toddlers are served whole milk.  
 Preschool and School-age are served 1% milk.  
 WG = Whole grain  
 CN = Child nutrition label  
 HM = Home made

Mon	Tues	Wed	Thur	Fri
2	3 Animal Crackers Milk	4 Pretzels IT Goldfish Crackers 100% Grape Juice	5 Grapes String Cheese Water	6 Multigrain Cheerios Bananas Milk
9 Yogurt Gram Crackers Water	10 Sun Chips IT Cheese Its 100% Grape Juice	11 Animal Crackers Milk	12 American Cheese Ritz Crackers Water	13 Chex Mix Milk
16 Apple Slices Wow Butter Water	17 Tortilla Chips IT Ritz Crackers 100% Apple Juice	18 Mini Muffins Milk	19 Ritz Crackers String Cheese Water	20 Yogurt Gram Crackers Water
23 Multigrain Cheerios Bananas Milk	24 Animal Crackers Milk	25 Pretzels IT Goldfish Crackers 100% Grape Juice	26 Mini Muffins Milk	27 Gram Crackers Applesauce
30 Nutrigrain Bars Milk	31 Premium Crackers American Cheese			