

# January Lunch

Infants are served breast milk or formula with iron.  
 Toddlers are served whole milk.  
 Preschool and School-age are served 1% milk.  
 WG = Whole grain  
 CN = Child nutrition label  
 HM = Home made

Mon	Tues	Wed	Thur	Fri
2  Center Closed	3  HM/WG Turkey Stroganoff Noodles Corn Oranges Milk	4  CN/WG  Fish Sticks Broccoli Fruit Cocktail Milk	5  HM  Cheese Lasagna Carrots Melons Milk	6  HM/WG  Grilled Cheese Mixed Veggies Mandarin Oranges Milk
9  HM/WG Meatloaf Bread Green Beans Applesauce Milk	10  HM/WG Chicken Tetrazzini Salad/Dressing Apples Milk	11  HM/WG BBQ Pulled Chicken Bun Baked Beans Bananas Milk	12  HM Chili Broccoli Pineapple Cornbread Milk	13  HM Macaroni and Cheese Carrots Deiced Peaches Milk
16  Center Closed	17  HM Cowboy Cavatini Corn Oranges Milk	18  HM Chicken Stew Veggies Noodles Fruit Cocktail Milk	19  HM/WG  Teriyaki Chicken/Rice Broccoli Melon Milk	20  HM/WG Cheese Burger/Bun Ketchup Peas Pineapple Milk
23  HM/WG Chicken Breast/Gravy Brown Rice Carrots Oranges Milk	24  HM/WG Cheese Ravioli/Sauce Salad/Dressing Apples Milk	25  CN/WG Pizza Brussel Sprouts Banana Milk	26  HM/WG Sloppy Joes/Bun Mixed Veggies Pineapple Milk	27  CN/WG Beef Hot Dog Bun Green Beans Diced Peaches Milk
30  HM Quiche Mixed Veggies Applesauce Milk	31  HM/WG  Chicken Penne Pasta Greens Oranges Milk			