

# January Breakfast

Infants are served breast milk or formula with iron.  
 Toddlers are served whole milk.  
 Preschool and School-age are served 1% milk.  
 WG = Whole grain  
 CN = Child nutrition label  
 HM = Home made

Mon	Tues	Wed	Thur	Fri
2  Center Closed	3  WG  Chex Cereal Pineapple Milk	4  French Toast Sticks Applesauce Milk	5  WG  Multigrain Cheerios Apples Milk	6  WG  Kix Cereal Oranges Milk
9  WG  Kix Cereal Bananas Milk	10  WG  Life Cereal Pineapple Milk	11  Blueberry Bagel Cream Cheese Peaches Milk	12  WG  Chex Cereal Grapes Milk	13  WG  Toast/Butter Pears Milk
16  Center Closed	17  WG  Kix Strawberries Milk	18  WG  Life Cereal Apple Slices Milk	19  French Toast Sticks Applesauce Milk	20  Pancakes/Syrup Fruit Cocktail Milk
23  Cinn Bread/Butter Bananas Milk	24  WG  Multigrain Cheerios Peaches Milk	25  English Muffins Butter Pears Milk	26  WG  Kix Cereal Apple Slices Milk	27  Blueberry Bagel Cream Cheese Pears Milk
30  WG  Life Cereal Oranges Milk	31  Pancakes/Syrup Pineapple Milk			