

# November Lunch

Infants are served breast milk or formula with iron.  
 Toddlers are served whole milk.  
 Preschool and School-age are served 1% milk.  
 WG = Whole grain  
 CN = Child nutrition label  
 HM = Home made

Mon	Tues	Wed	Thur	Fri
	1 WG/CN Cheese Ravioli/Sauce Salad / Dressing Apples Milk	2 WG/CN Pizza Brussel Sprouts Banana Milk	3 WG/HM Sloppy Joes/Bun Mixed Veggies Pineapple Milk	4 WG/CN Beef Hot Dog/Bun Green Beans Diced Peaches Milk
7 HM Quiche Mixed Veggies Applesauce Bread Milk	8 WG/HM Chicken Penne Pasta Greens Oranges Milk	9 WG/HM Shepherds Pie Veggies Bread Milk	10 WG/HM Chicken Stir Fry Brown Rice Broccoli Melon Milk	11 WH/CN Chicken Sandwich/Bun Peas Banana Milk
14 HM Chicken Salad Crackers Green Beans Oranges Milk	15 WH/HM Spaghetti/Meat Sauce Bread Sticks Mixed Veggies Apples Milk	16 WG/HM Turkey/Gravy Bread Salad/Dressing Bananas Milk	17 WG/HM Chicken Tacos/Shell Corn Diced Peaches Milk	18 WG/HM Chicken Fried Rice Carrots Pineapple Milk
21 WG/HM BBQ Chicken Breast Roll Baked Beans Applesauce Milk	22 WG/HM Turkey Stroganoff Noodles Corn Oranges Milk	23 Center Closed	24 Center Closed	25 Center Closed
28 WG/HM Meatloaf Bread Green Beans Oranges Milk	29 WG/HM Chicken Tetrzzini Salad/Dressing Apples Milk	30 WG/HM BBQ Pulled Chicken Bun Baked Beans Banana Milk		