

# November Lunch

Infants are served breast milk or formula with iron.

Toddlers are served whole milk.

Preschool and School-age are served 1% milk.

WG = Whole grain

CN = Child nutrition label

HM = Home made

Mon	Tues	Wed	Thur	Fri
1 HM Chicken Salad Crackers Green Beans Oranges	2 WG/HM Spaghetti/Meat Sauce Bread Stick Mixed Veggies Apples Milk	3 WG/HM Turkey Breast/Gravy Bread Salad/Dressing Bananas Milk	4 WH/HM Chicken Tacos/Shells Corn Diced Peaches Milk	5 WG/HM Chicken Fried Rice Carrots Pineapple Milk
8 WG/HM BBQ Chicken Breas Roll Baked Beans Applesauce Milk	9 WG/HM Turkey Stroganoff/Noodles Corn Oranges Milk	10 WH/CN Fish Sticks Broccoli Peaches Milk	11 HM Cheese Lasagna Carrots Apples Milk	12 WG/HM Grilled Cheese Mixed Veggies Pineapple Milk
15 WG/HM Meatloaf Bead Green Beans Orange Milk	16 WG/HM Chicken Tetrzzini Salad/Dressing Apples Milk	17 WG/HM BBQ Pulled Chicken/Bun Baked Beans Bananas Milk	18 HM Chili Broccoli Pineapple Milk	19 HM Macaroni and Cheese Carrots Peaches
WG/HM Salisbury Steak Roll Greens Applesauce Milk	23 HM Cowboy Cavatini Corn Oranges Milk	24 HM Chicken Stew with Veggies Noodles Banana Milk	25 Center Closed	26 Center Closed
29 WG/HM Chicken Breast in Gravy Brown Rice Carrots Oranges Milk	30 WG/CN Cheese Ravioli/Sauce Salad/Dressing Apples Milk			