

October Lunch

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
				1 WG/HM Grilled Cheese Mixed Veggies Pineapple Milk
4 WG/HM Meatloaf Bread Green Beans Oranges Milk	5 WG/HM Chicken Tetrazzini Salad/Dressing Apples Milk	6 WG/CN Pulled BBQ Chicken/Bun Baked Beans Banana Milk	7 HM Chili Broccoli Pineapple Cornbread Milk	8 HM Macaroni and Cheese Carrots Peaches Milk
11 WG/HM Salisbury Steak Roll Greens Applesauce Milk	12 HM Cowboy Cavatini Corn Oranges Milk	13 HM Chicken Stew/Veggies Noodles Banana Milk	14 WG/HM Teriyaki Chicken Brown Rice Broccoli Cantaloupe Milk	15 WG/HM Cheeseburger/Bun Ketchup/ Peas Pineapple Milk
18 WG/HM Chicken Breast/Gravy Brown Rice Carrots Oranges Milk	19 WG/CN Ravioli/Sauce Salad/Dressing Apples Milk	20 WG/CN Cheese Pizza Brussel Sprouts Peaches Milk	21 WG/HM Sloppy Joes Mixed Veggies Pineapple Milk	22 WG/CN Beef Hot Dog/Bun/Ketchup Green Beans Bananas Milk
25 HM Quiche Mixed Veggies Applesauce Bread Milk	26 WG/HM Chicken Penne Pasta Greens Peaches Milk	27 WG/HM Shepherds Pie/Veggies Bread Oranges Milk	28 WG/HM Chicken Stir Fry Brown Rice Broccoli/Cantaloupe Milk	29 WG/CN Chicken Sandwich/Bun Ketchup Peas Banana Milk