

October Breakfast

Infants are served breast milk or formula with iron.
 Toddlers are served whole milk.
 Preschool and School-age are served 1% milk.
 WG = Whole grain
 CN = Child nutrition label
 HM = Home made

Mon	Tues	Wed	Thur	Fri
				1 Pancake Syrup Pears Milk
4 Biscuit/Butter Apples Milk	5 WG Multigrain Cheerios Mandarin Oranges Milk	6 Pancakes Syrup Fruit Cocktail Milk	7 WG Life Cereal Oranges Milk	8 WG Toast/Butter Peaches Milk
11 WG Multigrain Cheerios Bananas Milk	12 WG Life Cereal Strawberries Milk	13 WG Corn Chex Oranges Milk	14 Blueberry Bagel Pockets Pineapple Milk	15 Waffles/Syrup Pears Milk
18 WG Kix Cereal Banana Milk	19 WG French Toast Sticks Applesauce Milk	20 WG Toast/Butter Fruit Cocktail Milk	21 WG Life Cereal Oranges Milk	22 Blueberry Pancakes Syrup Mandarin Oranges Milk
25 WG Life Cereal Bananas Milk	26 Waffles Syrup Pineapple Milk	27 English Muffins Wow Butter Peaches Milk	28 WG Kix Apples Slices Milk	29 WG Pancake Syrup Pears Milk