



January Lunch



Mon	Tues	Wed	Thur	Fri
1 Center Closed	2 (WG) Chicken Penne Pasta Greens Peaches 1% Milk IT/Whole Milk	3 Shepherds Pie (WG) Bread Cantaloupe 1% Milk IT/Whole Milk	4 Chicken Stir Fry Brown Rice Broccoli Pineapple 1% Milk IT/Whole Milk	5 (WG) Chicken Sandwich Peas Grapes 1% Milk IT/Whole Milk
8 Chicken Salad Crackers Carrots Apples 1% Milk IT/Whole Milk	9 Chicken Breast/Gravy Brown rice Salad/Dressing Strawberries 1% Milk IT/Whole Milk	10 (WG) Spaghetti/Meat Sauce Garlic Bread Mixed Veggies Honeydew 1% Milk IT/Whole Milk	11 Chicken Tacos (WG) Shell Corn Banana 1% Milk IT/Whole Milk	12 Chicken Fried Rice Green Beans Orange Halves 1% Milk IT/Whole Milk
15 Center Closed	16 (WG) Beef Stroganoff Peas & Carrots Noodles Peaches 1% Milk IT/Whole Milk	17 Turkey Breast/Gravy (WG) Bread Brussel Sprouts Cantaloupe 1% Milk IT/Whole Milk	18 (WG) Fish Sticks Broccoli Pineapple 1% Milk IT/Whole Milk	19 (WG) Grilled Cheese Peas Pears 1% Milk IT/Whole Milk
22 Meatloaf (WG) Bread Green Beans Apples 1% Milk IT/Whole Milk	23 (WG) Chicken Tetrazzini Salad/Dressing Orange Halves 1% Milk IT/Whole Milk	24 BBQ Pulled Chicken (WG) Bun Baked Beans Honeydew 1% Milk IT/Whole Milk	25 Macaroni & Cheese Carrots Grapes 1% Milk IT/Whole Milk	26 Chili Mixed Veggies Banana Cornbread 1% Milk IT/Whole Milk
29 Salisbury Steak (WG) Roll Greens Applesauce 1% Milk IT/Whole Milk	30 Cowboy Cavatini Corn Peaches 1% Milk IT/Whole Milk	31 Chicken Stew (WG) Noodles Cantaloupe 1% Milk IT/Whole Milk		